

DIAMOND GYMNASTICS

In-Person Winter 2 Schedule: 9 Week Session dates- Feb 26th – Apr 27th 2024

PRESCHOOL (CO-ED) Ages 15 months – 7 years		
45 MINUTES		
CLASS AGES	CLASS TIMESLOT	DAY OPTIONS (class enrollment once/week)
Mom & Me I – 15mos – 2.5yrs	10:15am - 11:00	Wednesday
Mom & Me II – 2.5yrs – 3.5yrs	11:15am – 12:00	Wednesday
Mom & Me mixed ages structure/open gym	2:00pm – 2:45pm	Wednesday
3yr6mo – 5yr	3:15pm – 4:00pm	Tue, Wed, Fri
4yr – 7yr	3:15pm – 4:00pm	Monday – Friday
	4:15pm – 5:00pm	Monday, Friday
	9:00am – 9:45am	Saturday
	11:45am – 12:30pm	Saturday

GIRLS CLASSES		
90 MINUTE DURATION - 9:1 RATIO		
CLASS AGES	CLASS TIMESLOT	DAY OPTIONS (class enrollment once/week)
Novice I: 5yr – 8yr	4:15pm – 5:45pm	Tues, Wed, Thurs
	10:00am – 11:30	Saturday
Novice II: 5yr – 8yr	4:15pm – 5:45pm	Mon - Friday
Novice II: 8+ yr	4:15pm – 5:45pm	Wednesday
Novice I/II: 9+ yr	6:00pm – 7:30pm	Tuesday, Thursday
Novice III: Mixed Ages	6:00pm – 7:30pm	Tuesday, Wednesday
Intermediate/ Advanced	6:00pm – 7:30pm	Tuesday - Thursday

BOYS CLASSES		
90 MINUTE DURATION - 9:1 RATIO		
CLASS AGES	CLASS TIMESLOT	DAY OPTIONS (class enrollment once/week)
Boys: Mixed Ages	4:15pm – 5:45pm	Tuesday

IN-PERSON WINTER SESSION 2 RATES	
Class Duration	9 Week Session Cost (prorated if less than 9 weeks)
45-minute class	\$270
90-minute class	\$405
** PLEASE REVIEW SECOND PAGE FOR CLASS PROCEDURES & DETAILS **	

DIAMOND GYMNASTICS

Winter Session 2 Registration Process & Details

CLASS SUMMARY

Diamond Gymnastics will be offering both 45-minute and 90-minute classes. Our in-person classes operate on a station-based class structure keeping athletes socially distant throughout their workout. Athletes will be working at their own station instead of following a circuit. This class style allows coaches to monitor athletes' individual skill set, strengths and weaknesses to properly assign exercises specific to their personal growth, at a given station. Our extended classes offer athletes the opportunity to regularly utilize the entire facility, with longer durations on each station, providing faster skill development! Athletes are enrolled based skill level and age.

To ensure the safety of our athletes and coaching staff, only participating athletes will be permitted inside. Children enrolled in 15 months – 3 years 6 months classes are required to have an adult accompany them on the gym floor for a mix of a structure class and open gym style format. All classes for children ages 3 years 6 months – 15 years will require drop-off and pick-up at the front door to minimize the number of people in the facility at any given time. Unfortunately, parents/guardians/sitters/siblings will not be permitted in the building for any reason. Thank you for understanding this policy to ensure the safety of our staff and our athletes.

CLASS PROCEDURES & DETAILS

- Children enrolled in our Mom & Me classes (ages: 15 mo - 3yr6mo) are required to have an adult accompany them on the gym floor for a mix of a structured class and an open gym style. Children enrolled in classes based on their age as of 1/4/2024.
- All classes for children ages 3yr6mo - 15 years will require drop-off and pick-up at the front door to minimize the number of people in the facility at any given time. Children enrolled in classes based on their age as of 1/4/2024.
- Parents/guardians/childcare assistants/siblings will not be permitted in the building for any reason. Only participating athletes will be permitted in the studio. Athletes should arrive dressed and ready for class. If your athlete chooses to change clothes on-site, they must be able to do so independently. Thank you for understanding this policy to ensure the safety of our staff and our athletes.
- Friend requests and/or class placement requests cannot be accommodated due to skill requirements per each class level.
- \$25 Annual Registration fee applies to all Athletes not enrolled for the Fall or current winter 1 session.
- 10% sibling discount on 2nd child's tuition and second/third class enrollment.
- No in-person make-ups/class recordings/refunds/pro-rate/studio credits for missed classes for any reason. You will be forfeiting your athlete's class if they are absent.
- There are no closures for Winter session 2
- Class schedule subject to change based on enrollment.
- In the event of a mandatory government closure all classes will be provided virtually. No make-ups/refunds/pro-rate/studio credits will be applied.

WINTER SESSION 2 REGISTRATION DETAILS

- ❖ February 5th - Winter Session 1 clients ONLY wishing to continue in your current class, email us with your child's name in the email subject, along with your current day & time.
- ❖ February 12th - Winter Session 1 clients ONLY wishing to change their current day/ time, email us with your child's name in the email subject, along with your new top 3 class choices.
- ❖ February 19th - NEW or returning clients email us with your child's name in the subject, along with your top 3 class preferences, child's date of birth, contact number and day/time/age group of class you're requesting in the body of the email