

DIAMOND GYMNASTICS

In-Person Winter Session 1 Schedule: 8 Week Session dates January 5 – February 26, 2022

PRESCHOOL (CO-ED) Ages 15 months – 7 years		
45 MINUTES		
CLASS AGES	CLASS TIMESLOT	DAY OPTIONS (class enrollment once/week)
Mom & Me I 15 months – 2 ½ yr * structure/open gym	10:15am – 11:00am	Tuesday – Wednesday
	11:15am – 12:00pm	Tuesday – Wednesday
Mom & Me II 2 ½ yr - 3 ½ yr * structure/open gym	10:15am – 11:00am	Tuesday – Wednesday
	11:15am – 12:00pm	Tuesday – Wednesday
3yr6mo – 5yr	3:15pm – 4:00pm	Tue, Wed, Fri
4yr – 7yr	3:15pm – 4:00pm	Monday – Friday
	4:15pm – 5:00pm	Monday, Friday
	9:00am – 9:45am	Saturday
	11:45am – 12:30pm	Saturday

GIRLS CLASSES		
90 MINUTE DURATION - 9:1 RATIO		
CLASS AGES	CLASS TIMESLOT	DAY OPTIONS (class enrollment once/week)
Novice I: 5yr – 8yr	4:15pm – 5:45pm	Mon, Tues, Wed, Thurs
	10:00am – 11:30am	Saturday
Novice I: 9+ yr	6:00pm – 7:30pm	Tuesday
Novice II: 5yr – 8yr	4:15pm – 5:45pm	Tuesday - Friday
Novice II: 9+ yr	4:15pm – 5:45pm	Wednesday
	6:00pm – 7:30pm	Tuesday, Thursday
Novice III: Mixed Ages	6:00pm – 7:30pm	Tuesday, Wednesday
Intermediate/ Advanced	6:00pm – 7:30pm	Tuesday, Thursday

BOYS CLASSES		
90 MINUTE DURATION - 9:1 RATIO		
CLASS AGES	CLASS TIMESLOT	DAY OPTIONS (class enrollment once/week)
Boys: Mixed Ages	4:15pm – 5:45pm	Tuesday

IN-PERSON WINTER SESSION 1 RATES	
Class Duration	8 Week Session Cost (prorated if less than 8 weeks)
45-minute class	\$232
90-minute class	\$348
** PLEASE REVIEW SECOND PAGE FOR CLASS PROCEDURES & DETAILS **	

DIAMOND GYMNASTICS

Winter Registration Process & Details

CLASS SUMMARY

Diamond Gymnastics will be offering both 45-minute and 90-minute classes. Our in-person classes operate on a station-based class structure keeping athletes socially distant throughout their workout. Athletes will be working at their own station instead of following a circuit. This class style allows coaches to monitor athletes' individual skill set, strengths and weaknesses to properly assign exercises specific to their personal growth, at a given station. Our extended classes offer athletes the opportunity to regularly utilize the entire facility, with longer durations on each station, providing faster skill development! Athletes are enrolled based skill level and age.

To ensure the safety of our athletes and coaching staff, only participating athletes will be permitted inside. Children enrolled in 15 months – 3 years 6 months classes are required to have an adult accompany them on the gym floor for a mix of a structure class and open gym style format. All classes for children ages 3 years 6 months – 15 years will require drop-off and pick-up at the front door to minimize the number of people in the facility at any given time. Unfortunately, parents/guardians/sitters/siblings will not be permitted in the building for any reason. Thank you for understanding this policy to ensure the safety of our staff and our athletes.

CLASS PROCEDURES & DETAILS

- To ensure everyone's safety, all individuals will receive a temperature check and health-screening prior to entering the building.
 - Covid procedures can/will change based on local Health Department requirements
- All participating children, and accompanying adults (Mom & Me classes) must remain masked at all times, regardless of vaccination status.
- Children enrolled in our Mom & Me classes (ages: 15 mo - 3yr6mo) are required to have an adult accompany them on the gym floor for a mix of a structured class and an open gym style. Children enrolled in classes based on their age as of 1/5/2022
- All classes for children ages 3yr6mo - 15 years will require drop-off and pick-up at the front door to minimize the number of people in the facility at any given time. Children enrolled in classes based on their age as of 1/5/2022
- Unfortunately, parents/guardians/childcare assistants/siblings will not be permitted in the building for any reason. Only screened participating athletes will be permitted in the studio. Thank you for understanding this policy to ensure the safety of our staff and our athletes.
- Friend requests and/or class placement requests cannot be accommodated due to skill requirements per each class level
- \$25 Annual Registration fee applies to all Athletes as the Fall starts the gymnastics season
- 10% sibling discount on 2nd child's tuition and second/third class enrollment
- No in-person make-ups/class recordings/refunds/pro-rate/studio credits for missed classes for any reason. You will be forfeiting your athletes class if they are absent.
- Class schedule subject to change based on enrollment

FALL SESSION 2 REGISTRATION DETAILS

- ❖ Monday, December 13th
 - Fall 2 Session clients only staying in the same class day/time/age group for Winter Session 1 email to confirm
- ❖ Monday, December 20th
 - Fall 2 Session clients only moving class day/time/age group email us your NEW top 3 class preferences
- ❖ Monday, December 27th
 - NEW or returning clients email us your top 3 class preferences along with your child's name, date of birth, contact number and day/time/age group of class you're requesting